WOODLANDS PRIMARY SCHOOL & OAK TREE FOUNDATION UNIT

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Newsletter 9

Friday, 13th November 2026

Dear Parents and Carers,

Woodlands Wellbeing Week – 9th–13th November

This week, we have been celebrating **Woodlands Wellbeing Week**, with a fantastic range of activities designed to support the children's physical and emotional wellbeing. Each class has been encouraged to find little moments throughout the school day to relax, recharge and enjoy activities that promote positive mental health. The children have enjoyed mindful colouring, making dream catchers, listening to calming music, quiet reading, Cosmic Yoga, nature walks and relaxing brain breaks. They have also explored a variety of breathing exercises, including Rainbow Breathing, Bubble Breathing and Bee Breathing, helping them to develop simple strategies to feel calm and relaxed.

As part of our whole-school celebrations, we have also organised some exciting activities to encourage children to stay active, develop confidence and learn important life skills. On Thursday, our Year 2 and Year 6 children took part in **First Aid Training**, learning valuable skills that could help them in an emergency. On Friday, we welcomed **Kidz Love Fit**, who delivered a series of enjoyable yoga sessions across the school. These sessions provided a wonderful opportunity for the children to experience the benefits of movement, relaxation and mindfulness. Paired reading activities have also encouraged children to connect with one another and enjoy sharing books together.

At Woodlands, we recognise that looking after our mental health and emotional wellbeing is just as important as looking after our physical health. Wellbeing Week has been a wonderful opportunity to remind our children about the importance of kindness, friendship, taking time to relax and finding activities that make us feel happy. We hope that many of the ideas and strategies explored this week will continue to be part of everyday life at Woodlands. **Finally, a very special thank you to Mrs Sammons for organising such a fantastic Wellbeing Week. Her hard work, enthusiasm and thoughtful planning have ensured that our children have enjoyed a wonderful range of experiences that promote happiness, confidence and positive wellbeing. Thank you, Mrs Sammons!**













Anti-Bullying Week

Odd Socks Day – Monday 16th November!

On Monday 16th November, we are inviting all children and staff at Woodlands Primary School to wear odd socks to mark the start of Anti-Bullying Week! Odd Socks Day is a fun and colourful way to celebrate what makes each of us unique and to remind everyone that our differences should be respected and celebrated. Children can wear their brightest, boldest and most mismatched socks to school as we promote the important messages of kindness, friendship, respect and inclusion. There is no need to buy any special socks – simply wear two that don't match! We look forward to seeing a wonderful variety of odd socks across Woodlands as we show that we are all different, but everyone deserves to feel valued, included and safe.

After-School Club



The after-school club team will be running Christmas Movie Nights for every Monday starting on the 16th November. Please book up early to avoid disappointment as there will be a maximum of 40 spaces at each event. Many thanks to Mrs Giles, Mrs Stokes and Mrs Swindlehurst for organising a range of exciting activities. Sessions run from 3.00pm to 5.15pm (Mon-Thurs). Please note that we have made some changes to the film running order (due to the Chtistmas Market) so this week's newsletter contains the final running order.

Team Points Cup
Date: 13.11.26

	Green	Yellow	Red	Blue
Y1	1	4	2	3
Y2	2	4	3	1
Y3	4	1	3	2
Y4	4	3	2	1
Y5	3	2	4	1
Y6	1	3	2	4
	15	17	16	12



Headteachers' Awards

Today, we celebrated: **Nadia** and **Arthur** (FS2), **Peyton** and **Arlo** (Y1); **Aida-Mai** and **Alfie B-S** (Y2); **Hunter, Eloise-May** and **Aaryah** (Y3); **Casey** and **Ethan** (Y4); **Corey, Kai Barnes** and **Lucy** (Y5); **Hazel & Archie** (Y6).
This week the awards are for **resilience** and producing **excellent work**. Huge congratulations to these children.

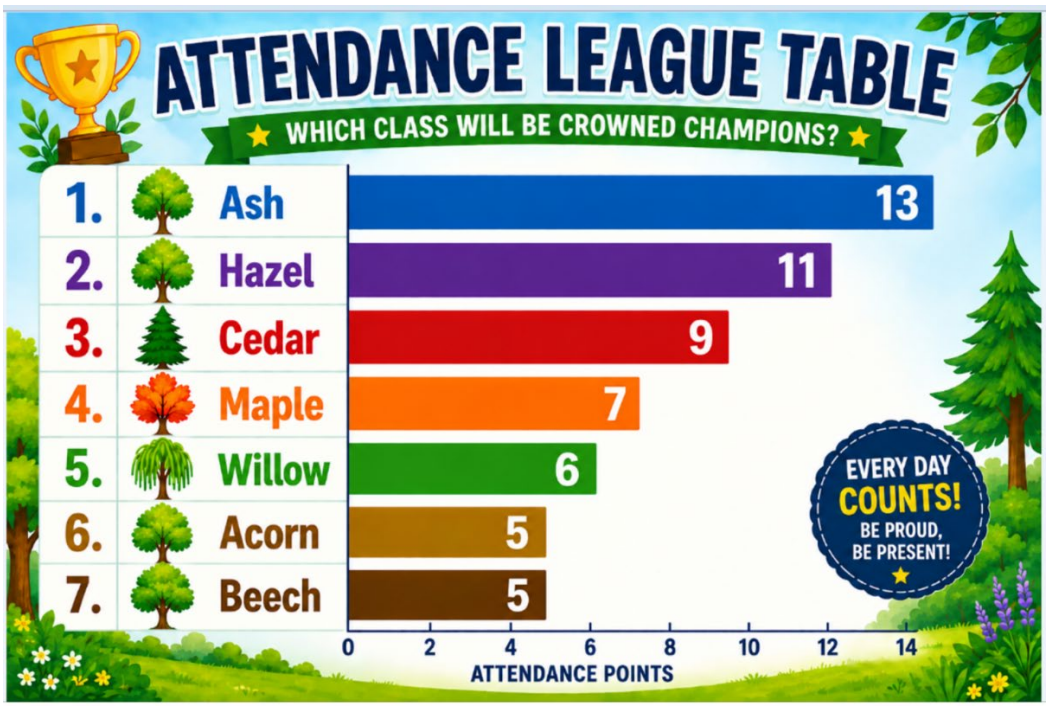
Breakfast Club

All sessions run from 7.15am to 8.40am. All the children who have attended have enjoyed a healthy breakfast and a variety of exciting activities. Spaces are still available for next week so please book as soon as possible to secure a place for your child(ren). Many thanks to Mrs Giles and Mrs Upshall for making the children have great fun!





Ash Class are the Week 2 Attendance Champions!





This week we had a wide variety of apples as our fruit of the week. Pink Lady's received the most votes! Many thanks to Tesco's for their ongoing support which is greatly appreciated. Please see below for photos of Acorn Class children enjoying the different types of apple.



Raffle Tickets

Mrs Johnson will be selling raffle tickets on Monday 16th November on the playground at 2.45pm.



Dates for the Diary

Anti-Bullying Week	Mon 16th Nov – Fri 20th Nov	
Odd Socks Monday	Monday 16th November	Wear odd socks all day for anti-bullying week
M & M Pantomime - Cinderella	Wednesday 18th November	
School Photo Day	Thursday 19th November	
Y5 Visit to the Tank Museum	Friday 20th November	All day visit
Non-School Uniform Day – please bring a bottle for the Christmas Market Tombola	Friday 27th November	All day
Christmas Book at Bedtime – all pupils	Wednesday 2nd December	4.30pm-5.00pm
Y5 & Y6 Choir to St Thomas' Church for the Christmas Tree Festival	Friday 4th December	am
Acorn Class (Reception) Nativity for parents	Tuesday 8th December	2.00pm
Key Stage 1 Nativity – Ash Class (Y1) Parents	Wednesday 9th December	2.00pm
Christmas Jumper Day – all pupils	Thursday 10th December	All day
Key Stage 1 Nativity – Cedar Class (Y2) Parents	Thursday 10th December	2.00pm
Christmas Discos **Acorn Class, Year 1, Year 2 & Year 3** **Year 4, Year 5 & Year 6**	Thursday 10th December	5.00pm-6.00pm (Acorn, Y1, Y2 & Y3) 6.00pm-7.00pm (Y4,Y5 & Y6)
Woodlands Christmas Market	Monday 14th December	2.00pm in the school hall
Christmas Parties – *children can wear a Christmas jumper on this day*	Thursday 17th December	Pm – No school lunches food to be provided
Final day of Term 2	Friday 18th December	1.00pm finish time
First Day of Term 3	Monday 4th January	8.50am *(usual start time)* *Gates open 8.40am*

Kind regards,

M Kitley
Matthew Kitley